



“BE WELL” Shaklee

It's All About “The Basics”

Scientists agree that certain nutrients are essential to living a long and healthy life. Unfortunately, most of us are missing key nutrients in our diet. Developed through research, including 12 clinical studies and the Landmark study, **Vitalizer** has been designed to support your optimal health. **Feel better in 30 days or your money back.**

Customized formulas designed to meet the needs of men, women, and adults over 50.



I have taken vitamins in the past but never noticed any difference. My enthusiasm always waned when I continued to feel the aches, lack of energy, etc. that I always felt when I didn't take supplements.

When I learned that Shaklee spent a great deal of time and resources on the coating of their products just to ensure they were delivered into your system properly, I wondered if that was the reason the other vitamins never worked.

*I tried Shaklee's **Men's Vitalizer Pack** and noticed a difference on the first day—my **energy level** was through the roof. The Vitamin B delivery process ensured I had the energy to work a long day and not just pass out in front of my family when I got home. About a week later, I realized I hadn't complained about the **soreness in my muscles or joints**, either! The Vitalizer is one of the 'sure things' that can help improve your daily life.*

John H



ProSanté “Transformed” BIG TIME!

Not sure how to describe this reformulation except to say **my hair has never been like this!** After using it, my friend asked me if I had just had my hair done (colored etc.). I have nearly 3 months of hair growth and I am due to see my hair stylist!

I never imagined that I would see this kind of luxurious transformation. The interesting thing is Shaklee did not change the bottles so the first time I used the new formula I was not aware that I had the new product. BUT it didn't take long and I knew something was **very different**. My daughter had the same reaction with her hair and her daughter's hair. When I saw her the first thing she said, “Mom have you tried the new shampoo and conditioner!?”

— Lorri K

Description: A complete revitalizing treatment that works tremendously for all hair types. This revitalizing shampoo and conditioner are particularly effective at improving the condition of dry and damaged hair. The result—you maintain your hair's natural pH, oil and moisture balance, strength, shine, and resilience.



And when it comes to hair sprays the Finishing Spray in this line is my all time favorite. Lorri K

Deborah's comment:
“I love it because it holds my hair without using a ton of it and washes out easily. I have baby fine hair so the hold is important without being heavy.”

- Shampoo: #31690
- Conditioner: #31644
- Finishing Spray: #31697
- Scalp Treatment: # 31642



The “3” Musketeers!

“Right after Thanksgiving, everyone in the house was getting a virus with **sinus, sore throat, and congestion**. I started to get **swollen glands** but no other symptoms. So, I decided to take Defend and Resist, NutriFeron, and Immunity Formula I. I never got sick like the others and my glands began to recede from their swelling. It was great to stand up against illness.

Last week, my husband came down with a sore throat and he insisted on sticking with his “Cold Eeze” lozenges. About 4 days later, I started to get a dry throat. In the night it began to hurt really bad, but I got up and took NutriFeron, Immunity Formula I, and Defend and Resist. When I woke up, the pain was gone. I was healed. It was so surprising, because I have never had a sore throat go away so quickly. **These 3 immune boosters are keeping me healthy and are fighting for me.”**

Beth Beebe

NUTRIFERON

IMMUNITY FORMULA I

DEFEND & RESIST

“Pets Love Shakelee!”

Daisy, our pride and joy and most cuddle-able pet, slowly developed a bad hip problem. It got so bad she'd cringe and go down if you just touched her lower back. This is common in older dogs. I kept hoping it was a temporary thing but it just kept getting worse. I decided to start her on **Alfalfa** and we got a miracle! Within 2 weeks, she showed **BIG** results. Six weeks later she's totally pain free. I rub her **HARD** where it used to just kill her and she feels nothing but the rub. She plays like a little puppy again with Emmy whose half her age.

Arlene and Jim Trusten

Menopause, Hot Flashes, Night Sweats

I had a heart attack so my doctor took me off my estrogen (cold turkey) that I had been on for 21 years. She said it causes heart attacks and she wouldn't ever put me back on them.

My hot flashes were so bad, my neck got red, my face got red, my body heated up like a furnace. I never thought at the age of 60, I would be having hot flashes. At night, I had a fan on all night.

I ordered a bottle of **Menopause Balance Complex** and have been on them for three months, and that is the only thing I am taking. I take two twice a day. A few times a day, I feel a hot flash coming on, but it starts and it's gone - no heat!

Mary Martinez

Moisturizing “Hand Wash”

Mild and sudsy, with extracts and oils that moisturize and soothe



“HAND” and “BODY” Wash

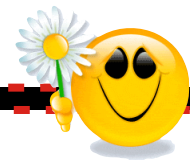
Love, Love this product! It is what I use in the tub or shower for my body wash and at all my sinks. The smell and feel of this product is amazing ... like a “spa” treatment! A super concentrated product, making this 32 oz size a real bargain.

Lorri

Excellent product

I love the smell, the feel, and how safe it is. It's also a pretty pearly color which looks really nice in my glass liquid soap pumps. I have sensitive skin on my face and I am able to use this for my face when I don't have my regular face cleanser with me and it doesn't irritate or dry my skin at all. You need very little to get the job done.

Ariana



KEEPING THE "LITTLE ONES"



It's called keeping all the littles in my life healthy. This little pearl is perfectly made to build the immunity up in the gut where it all begins. So I hide it in 🍎 applesauce, yogurt, banana and even in his peas and pasta.

Jessica

OptiFlora Probiotic Helps:

- * Maintain a healthy digestive balance
- * Provide nutrients to feed friendly bacteria
- * Promote long-term intestinal health

Ulcerated Colitis

I suffered for many years from ulcerated colitis - an inflammatory condition of the large colon which produces burning, itching and diarrhea. I watched my diet very carefully and added the Shaklee supplements that are important for healthy digestion along with the Vitalizer. My condition improved; but as soon as I would eat sugar or any gluten, I would again suffer a great deal of pain and diarrhea.

I began taking VIVIX and noticed that day by day the inflammation was less and less. All the symptoms associated with the disease were gone in 8 days. VIVIX has also given me a great deal of energy, my brain works better and I feel younger. Vivix has changed my life! Donn M, WI

"I Got My Life Back"

*I had severe allergies and chronic infections for 11 years before Shaklee. As I began taking the Shaklee supplements I started to have less allergy symptoms and less infections. As time went on I had no specific allergic reactions to anything but I would have to blow my nose periodically. When I started on the NutriFeron I no longer had to blow my nose at all. That was a measurable and specific improvement. I no longer show having had **allergies** at all. And I have lots of energy. Anybody with severe allergies can tell you that lacking energy is a big issue. Shaklee truly did give me my life back.*

Tobie

NUTRIFERON: A Powerful Breakthrough in Immune System Science

Dr. Kojima, creator of interferon, recognized the potential harmful effects of genetically engineered interferon and set out to find a way to stimulate the body to produce interferon naturally. After 40 years of research he discovered the amazing plant extracts that increase the body's natural production of interferon. Shaklee has the exclusive rights to this product.



NOTE: If your immune system is out of balance with hypo- or hyper-immune disorders, NutriFeron helps to modulate or rebalance the immune system. It also helps modulate your endocrine system, and is therefore, an aid in balancing hormones.

"Good Bye Asthma"

My son started taking NutriFeron around the middle of the winter in 2005. He usually had terrible allergies in the spring which would trigger his asthma. This had happened for the last 7 or so years. I didn't think to put him on the NutriFeron until I had read an email about it really helping kids with asthma.

Well, spring came and he did not have to use any of his preventive medicine for the allergy season. When I went to the doctor for a physical for another child, my doctor asked me how Christopher was doing with his asthma. I said he was doing great. The doctor replied, "That preventive medicine really helps during this season."

I said, "He's not on any of the preventive medicine you gave him; but I do have him on an immune system builder through Shaklee." He looked surprised. We continue to see great results with his asthma ever since he has been on the NutriFeron. What a great product!

Tammy Johnson, WI

“KNOCK YOUR SOCKS OFF”

Kinda Story

Rivets sent me an email yesterday with the following description of her health journey. She shares her health challenges, the wellness path she chose to take, and her personal results over the last 5 years. Please join me in thanking Rivets for making her story public.

Hi Anthea!

I just came back from my doctor’s office with my yearly checkup numbers! The results were UNBELIEVABLE to my doctor and my heart doctor!

5 years ago I was diagnosed with **COPD and CHF** (Congestive Heart Failure) along with moderate **osteoarthritis**, especially in my knees (the recommendation for both knees was arthroscopic knee surgery), **high blood pressure** (150s+/85-100 range), **high cholesterol** (344) and of course, **overweight** with **pre-diabetic** numbers ...UGH! All at the young age of 62 years old. I had plans to retire and have fun when I reached 67 years old. Considering all of the above problems, both doctors would not recommend any kind of exercising and, because of the job I had, they recommended I apply for early retirement.

Due to all the bad news I made the decision to begin my quest for better health. I lost 15 pounds and my knees felt better so I continued working and waited to retire at 65! In these past 5 years I have lost 70 pounds, not by dieting or exercising, but by changing my eating habits ... making healthier choices like more fresh veggies and fruits, a lot less red meat, and more chicken, fish, and turkey. Sorry I’m not a vegetarian! I have also added more nuts and seeds and I start every day with a **Shaklee Life shake and/or Energizing Soy Protein drink plus the Life Strip or Vitalizer Gold Strip.**

I do want to continue to lose another 20 pounds. I expect to do so this year since I feel MUCH BETTER and WANT to be even more active! I will not be at my recommended BMI with that 20 lb. loss, but I will be where I am comfortable to stay for the rest of my life. I just want to do what I enjoy in retirement: riding my Harley, enjoy the outdoors like fishing and hiking in His beautiful creation!

★ Exciting “Results”

My heart is **NO LONGER ENLARGED** and my **LUNGS ARE CLEAR!** My cholesterol levels are below normal, totaling 195, triglycerides are at 164, and the Osteoarthritis is now considered mild no surgery needed. I am not diabetic and have normal sugars with A1C at 4.5! My blood pressure range has been 120-130s/ 60-70s as well! And YES, I’m still **HIV** negative!

So, it is NEVER TOO LATE to change your habits and improve your health! I’m turning 68 this year and was told by my doctors for the first time to start exercising, and that I can do whatever I want to do! Not that I pay much attention to what doctors recommend for me!

Love Ya & Chuckles Rivets

In addition to the Vita Strips and Protein Shakes, I take the recommended amounts of:

**Immunity Formula I, NutriFeron, and Advanced Joint Health Complex
PLUS: 10-20 Alfalfa, and 2-4 Vita-C daily**



Editors Note: The Life Strip includes “Vivix” which is so important when it comes to healthy lungs and overall health.

Contact: