

shaklee



Mango Coconut Banana Smoothie

2 Scoops Shaklee 180 Mango Smoothie mix, 1/2 banana, 1/4 tsp. coconut extract or 1 Tbsp of real coconut flakes, 8 ounces milk (soy, rice, almond) Blend with ice.

A nutritious complete breakfast for people on the GO!
Keeps you full and energized for 3-4 hours!



Performance has been a lifesaver when I run long distances. I either hydrate with it before the race or carry it with me on the longer races. I can feel the difference as it hydrates better and more quickly than water so I can push myself farther. When I've used other sports drinks, they feel like they slosh around in my stomach and made me feel nauseous. Performance absorbs so quickly that I feel great when I drink it. My boys who play competitive hockey also love Performance before and after practices and games. As a mom I love there is nothing artificial in the way of colors or sweeteners and the boys love the added endurance they receive when being hydrated properly.

Moyra Gorski , R.N., B.S.N.

Shaklee Performance Hydration Drink . . .

is very important in hot summer weather. Sweating not only creates loss of water, but loss of electrolytes and trace minerals which are essential for our brains, our hearts, and our vital organs.

Shaklee Performance was developed by Shaklee scientists in response to a request from the MIT aeronautical engineering department that was designing a human-powered flying machine (The now famous Daedalus Project).

Sports drinks on the market had too much salt and sugar which increase dehydration, yet the athlete needed a continuous flow of nutrients for muscle fuel. Flying the Daedalus was equivalent to running 2 back-to-back marathons, and Shaklee Performance, developed from research at University of Texas, was the perfect combination of fast-burning carbs for the muscles and electrolytes to maintain ideal hydration.

Performance comes in Orange and Lemon/Lime and in two sizes.

Great for adults and kids of all ages!



Performance

Provides 67% more carbohydrate muscle fuel than Gatorade.

Key Carotenoids in Each Serving of CarotoMax:



Beta carotene
102 servings
of bananas

Lutein and
zeaxanthin
285 servings of
pink grapefruit

Lycopene
714 servings
of apricots

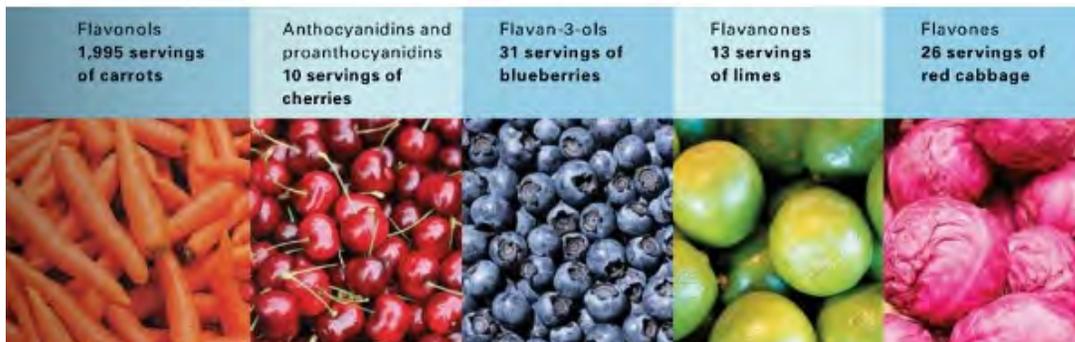
Alpha carotene
89 servings
of raspberries

Astaxanthin
1 serving
of salmon



CarotoMax . . . is a Powerful Blend of Antioxidants harnessed from Nature! These antioxidants are implicated in long-term health of the [eyes](#), [prostate](#), [cervix](#), [lungs](#), and [heart](#), plus [immune system support](#). Only Shaklee, with 57+ years of Nutritional Research Leadership, brings you this product. They have traveled the world to find the most potent sources of these six most beneficial carotenoids, (made from microalgae, oil of palm, marigold, tomatoes, and other plant sources). Eating the recommended daily servings of fruits and vegetables is so important, but the majority of us don't come close EVERY DAY OF THE YEAR! And even if we did, we could never get the level of antioxidant protection provided in CAROTOMAX.

Key flavonoids in each serving of FlavoMax:



Shaklee scientists have searched the world to uncover and deliver the most potent flavonoids and carotenoids available:

- To Hawaii for microalgae that yields astaxanthin
- Across the United States for passionflowers that yield flavones and citrus fruits that provide flavanones
- To Nova Scotia for wild blueberries that produce anthocyanidins
- To France for grapeseed that yields proanthocyanidins
- To Israel for non-GMO tomatoes for lycopene
- To Malaysia for oil of palm for alpha and beta carotene
- To Thailand for marigolds that produce lutein
- To China for green tea that yields flavan-3-ols
- To Brazil for fava d'anta that produces quercetin
- To Austria for elderberries that produce anthocyanidins
- To Australian salt marshes for sea algae that yields beta carotene

FlavoMax . . .

is a comprehensive, high-powered antioxidant supplement that guarantees delivery of six key classes of flavonoids.

Shaklee uses standardized extracts of each of these flavonoids to ensure potency and quality.

Flavonoids are potent, water-soluble antioxidants that have been linked to healthy blood circulation, strong capillaries, and veins. Flavonoids also deliver antioxidant protection to blood and blood-rich tissues, such as the liver and the intestines.

Unfortunately, few diets provide these important phytonutrients in significant quantities, since flavonoids are often found in seeds, rinds, and skins, parts of fruits and vegetables that are likely to be tossed away during food preparation. Many people dislike eating the skins of fruits and vegetables.



“As an attorney with my own thriving legal practice, I wasn’t out looking for another business!”

I sat through a Shaklee presentation out of concern for what a long-time friend had gotten herself into. Although initially a skeptic, I was impressed with history of the company and the science behind the products. I came home from that presentation willing to give the products a try. As an attorney with my own thriving legal practice, I wasn’t out looking for a second business. But once I learned of FREE products that could improve our health and lifestyle? And not just any free products, but TOP-NOTCH ones backed by a 100% guarantee? And not just free for one time, but on a monthly basis delivered to my front door? Sign me up! But first, I needed to get my family on board with me, and that meant TESTING the products. The science and effectiveness was proven quickly. Keeping a clean house is difficult with 3 young children, but now even the kids know to reach for the Shaklee Basic H under the sink no matter where and how big the mess. We decided that we needed to try a Shaklee nutrition regimen and the results speak for themselves. The steroid cream my husband used for serious eczema flare-ups was banished from our home and he hasn’t visited the dermatologist since (4 years and counting.) Those once

a month cramps that send my husband running? History! Then there’s the cat allergies of one of the kids we discovered after we got 3 cats – those don’t bother our son at all now. Our health benefits are innumerable! Really, I’m like other moms who want to create a healthy and safe environment for my family – and if I can bring along a few other moms with me for those FREE products? Let’s go MOMpreneurs! Serena

CLARITY and FOCUS:

S. Branson shares the following ... *“I took the MCAT (Medical College Admission Test) on May 1st. It was also the Saturday before finals week, and I was overwhelmed, stressed, and needing to divide my attention among quite a few different things (studying for school, studying for the test, packing to go home). The test was scheduled at 8 a.m. The moment I woke up I took **two of Shaklee’s Energy Chews, plus a few of the Stress Relief tablets.** Despite it being 6:30 a.m., I felt energized and refreshed, as ready as I could*

be to take the MCAT. I took along a few extra chews and took one during the scheduled breaks every 70 minutes during the test. I was able to remain focused & alert during the five hour test, even though I was nervous & tired. I was amazed at how clear my thinking was for the long test. I honestly feel that the chews enabled me to have a clarity & focus that I would have otherwise been lacking. The test was definitely overwhelming, but my energy did not flag, & I felt alert for its entire duration. I’m satisfied with my test results & recently sent in my applications for medical school. Thanks Shaklee!”

Digestive Upsets - Irritable Bowel Pain

Having IBS has caused many uncomfortable and painful years of my life. I have taken prescription medication for years and have watched my diet. Just after using the Shaklee Optiflora for 1 month, I could physically feel the difference. No more severe stomach cramps or IBS symptoms. At first I thought it was just a coincidence but then the true test came with a few bouts of extremely stressful situations. My IBS was unaffected. I am so pleased with this product!! Anyone experiencing IBS should give this product a try...YOU WILL NOT REGRET IT!!

Shaklee’s OptiFlora pre & probiotic system, is not destroyed by stomach acid....it gets to the lower intestine where it really works! Marla

YOUR SHAKLEE DISTRIBUTOR:

AREN'T ALL VITAMINS REALLY JUST "THE SAME"

???

Many people today turn to vitamins to supplement their diets to ensure they're getting all the essential nutrients required for optimum health. But make no mistake, the vitamin industry is big business, and not all manufacturers have your best interests at heart. As you know, there are thousands of supplements, and consumers spend billions of dollars each year. Here's the question – are they getting their money's worth? Are you?

How do you choose a vitamin supplement that won't just go down the toilet, but will be absorbed and recognized by your body as food? This is the only way it can be used to build healthy cells and repair those that are damaged.

There are three basic types of vitamins. Knowing what they are and how each responds in your body is helpful in making wise, educated decisions.

Test Tube or Synthetic (Usual drug store or discount store vitamins) made in a test tube in a lab, to resemble the real thing. This is toxic to the body and does more harm than good.



Imagine a plastic lemon from the store with juice in it. This type is the plastic lemon but with NO juice. This is basically what you're eating if you take this type of vitamin:

- No enzymes
- Man-made Inorganic substances
- Stimulant
- Side effects
- Can actually be more harmful to your health to take
- Weak enzymes
- Uses chemical and heat extraction
- Organic substances (low quality raw materials)
- Stimulant
- Imbalanced
- Harsh binder and fillers

Crystalline or Extracted (Usually a health food store variety) These start out natural, but are heated through the processing, so all live enzymes are killed. You end up with a partially live vitamin, if live at all. Most of these have harsh binders and fillers, plastic coatings, and some contain tar.



This is the plastic lemon with juice. IF you can get past the plastic coating, there is a little bit of real stuff in there. However, the juice has been heated so it's not really like drinking freshly squeezed.

- Weak enzymes
- Uses chemical and heat extraction
- Organic substances (low quality raw materials)
- Stimulant
- Imbalanced
- Harsh binder and fillers

Natural / Unaltered (Shaklee food supplements and other whole food supplements) Cold pressed to extract the vitamins, all enzymes remain alive so you get something as close to nature as possible



This is the REAL lemon...unaltered and fresh. What's inside is alive and natural.

- Strong enzymatic action
- Low heat, low pressure process
- Organic substances
- Feeds and improves cell's health
- Balanced
- Contains essential unknown nutrients

X brands need only 10% natural ingredients to legally be classified as "All-Natural."

Shaklee food supplements are whole food supplements with no artificial ingredients!



Fill three 16 oz spray units with water

1. **Glass Cleaner:** Add 2 drops Basic H2 – (less than 1 cent)
2. **General Purpose Cleaner:** Add ¼ teaspoon Basic H2 (about 3 cents)
3. **Industrial Cleaner:** Add 1 ½ teaspoons Basic H2 (about 17 cents)

TOTAL COST of 3 cleaners = 21 cents